

July 2014
Hi Lites of
Lutheran Manor





WELCOME

New Residents
Jeanette (Jan) Howells 212
Richard Harding 601
Rosalie Adducie 807

July 1 (Tuesday)	Massage by Appointments	9:00 a.m.	Conf Room
July 3 (Thursday)	Blood Pressure Check	6:00 p.m.	Lounge
July 4 (Friday)	4th of July	OFFICE CLOSED	
July 5 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
July 5 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
July 7 (Monday)	Movie-Big Miracle (Sign-up)	11:30 a.m.	Conf Room
July 8 (Tuesday)	Speaker-Patient First	1:00 p.m.	Lounge
July 9 (Wednesday)	Computer Class	1:00 p.m.	Computer Rm
July 11 (Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
July 13 (Sunday)	July Picnic	12:00 p.m.	Lounge
July 15 (Tuesday)	Paint to the Sounds of Music (Sign-up)	1:30 p.m.	Lounge
July 16 (Wednesday)	Speaker-Veterans Benefits	2:00 p.m.	Lounge
July 17 (Thursday)	Recertification Workshop (Sign-up)	11:30 a.m.	Patio
July 19 (Saturday)	Manicures by Appointments	9:00 a.m.	Lounge
July 20 (Sunday)	Social-Majestics	5:00 p.m.	Lounge
July 21 (Monday)	Movie- Big Miracle (Sign-up)	11:30 a.m.	Conf Room
July 22 (Tuesday)	Speaker-Summer Fun Trivia	2:00 p.m.	Lounge
July 23 (Wednesday)	Computer Class	1:00 p.m.	Computer Rm
July 24 (Thursday)	Recertification Workshop (Sign-up)	11:30 a.m.	Patio
July 28 (Monday)	Therapy Dog	11:00 a.m.	Lounge
July 28 (Monday)	Speaker-Crime Prevention	1:00 p.m.	Lounge



Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	1 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday	9 a.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Yarns Around	Every Sunday	1:30 p.m.	Patio

**NOW
PLAYING!**

BIG MIRACLE



Drew Barrymore and John Krasinski star in this incredible rescue adventure - the amazing true story that inspired the world and captured the hearts of millions. When a family of whales is trapped by rapidly forming ice in the Arctic Circle, a small-town reporter (Krasinski) and an animal-loving volunteer (Barrymore) rally an unlikely coalition of Alaskan natives, oil tycoons and the Russian and American military to set aside their differences and free the whales before it's too late. Kristen Bell, Dermot Mulroney and Ted Danson costar in this charming feel-good movie that the whole family can enjoy!

July 7th & July 21st

SIGN UP NOW



11:30 AM Conference Room



**UPcoming
EVENTS**

Saturday	8/02	Coffee & Donuts		9:00 a.m.
Saturday	8/02	Pinochle Party		12:30 p.m.
Sunday	8/10	Pizza Party	Tony Farino Show	5:00 p.m.
Sunday	8/24	Social	Robin & Jim	5:00 p.m.

Claudie's



Corner

Patient First®

Dr. Anne Ambarian

Will be here on **Tuesday,**
July 8th at 1:00 p.m.
in the Lounge

The Dr. will inform you about:

Patient First-Hours, Services, etc.
When to use Patient First vs. the ER
Benefits of urgent care
Ask the Doctor segment



Al Thompson will be here on
Wednesday, July 16th at 2:00 p.m.
in the Lounge.

Veterans Benefits

He will be talking to you about
Veterans, Pre-paid funeral, and the
requirements of qualifying for this service.

Refreshments will be served!

TRADITIONS
of HANOVER
At Home

Summer Fun
Trivia

Sue Jacobi will be here
on **Tuesday, July 22**
at 2 pm. In the Lounge.
Join us for some
Trivia Fun.

Crime Prevention



For Seniors

David Shallcross will be here on
Monday, July 28th at 1:00 pm
To provide seniors with the **awareness**
and knowledge of the most current types
of **scams** and **fraud** that are out
there. He will go over the
“Dos & Don’ts” that will **protect**
our Seniors.

Paint to the Sounds of Music

Pat Delluva will be here on **Tuesday, July 15th**

1:30 p.m. in the Lounge

She will be making a painting from a blank canvas using acrylic paint.

Sign-up required

IRON PIGS VS DURHAM BULLS



SUNDAY, AUGUST 3rd

Van will depart at 4:30 pm

Cost: \$10.00

BUY TICKETS NOW!

SEE CLAUDIE



FREE Computer Classes

Wednesday, July 9

Topic: New Tenants Class

Wednesday, July 23

Topic: Problem solving

Time: 1 p.m. – 3 p.m.

TAI CHI



FOR ARTHRITIS

Every
Friday,
12:30 p.m.

Patio



Tai Chi for Seniors



Yarns Around Group

Meets every **Sunday**
at 1:30 pm
in the Patio



MASSAGE THERAPY

Tuesday, July 1st
9:00-4:30

If you are interested
in getting a massage,
please **sign-up**
with Claudie.

Come down and **Sing-a-Long**
with Gladys playing the piano.



Every **Wednesday**
from 3-4 pm
in the Lounge.



Coffee & Donuts

Saturday, July 5th

9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donut

Friends and Family

Welcome



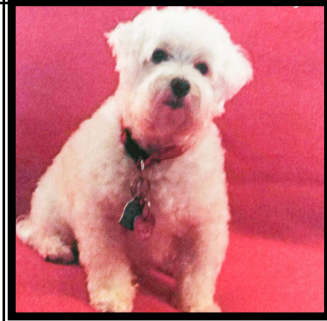
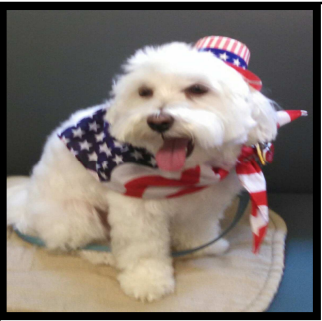
Walkers Club



Walkers Club

Will be
walking at

9 am on **Fridays.**



Mr. Peabody or **Miz Daisy**
come once a month to visit
Lutheran Manor residents.
Please stop by and say hello.

Monday, July 28, 11:00 am

Lounge

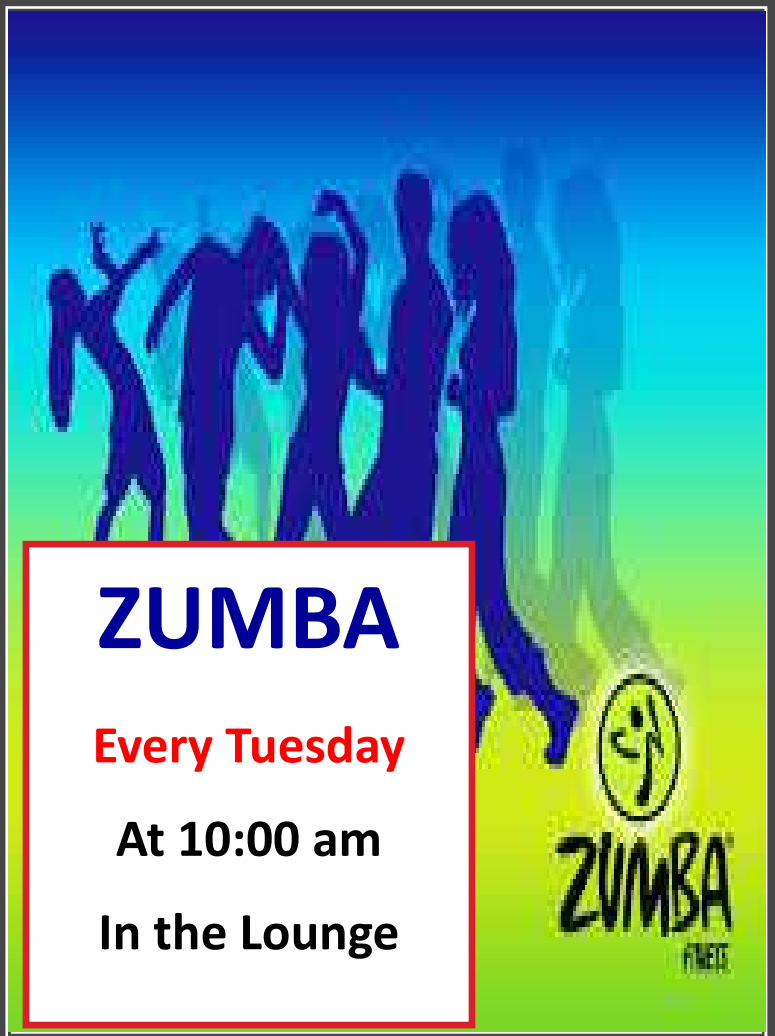


ZUMBA

Every Tuesday

At 10:00 am

In the Lounge



Annual Pig Roast



I ❤️
SINGING

FUN
in the
SUN



I ❤️ MY
DOG

HAPPY
BIRTHDAY



I ❤️
DANCING

Celebration Time

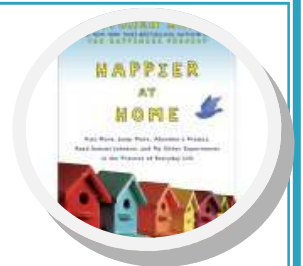
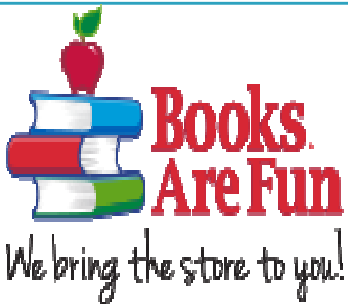


Blood Pressure Check
 Every 1st Thursday
 of the Month
 6:00 pm/ In the Lounge

**Linda will be here to do
 Manicures.
 Saturday, July 19th**



See Claudie for an appointment.

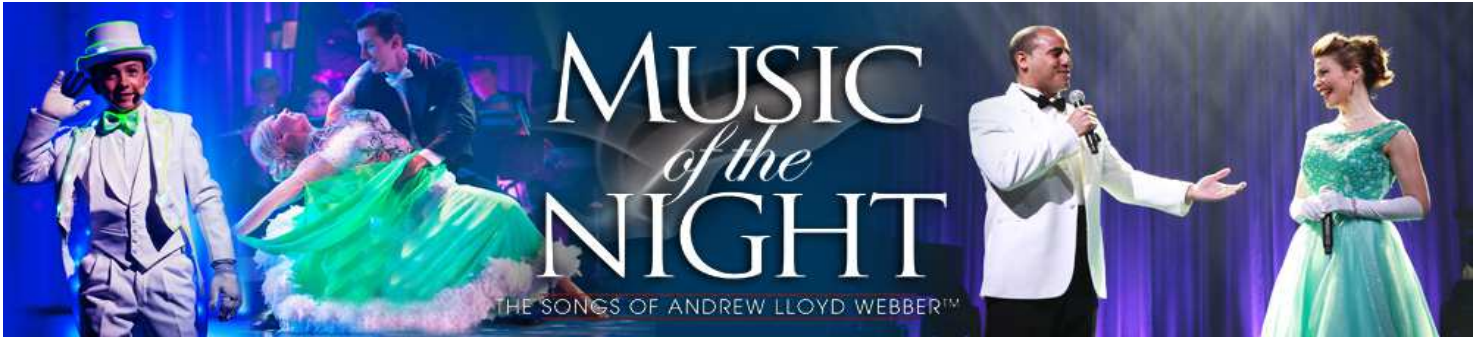


We will be having a **BOOK FAIR**
 on **Friday, August 1st** , 11:30 –4:00 pm
 in the Lounge. **Family and Friends** are
welcome. There will be BOOKS and
 Gifts at GREAT savings.



American Music Theatre

PRESENTS



Music of the Night returns! Our critically acclaimed, fan favorite show graces the stage once again with the songs and sentiments that have thrilled audiences around the world. Andrew Lloyd Webber has penned some of the most widely recognized and beloved music of all time.

The AMT Orchestra, Singers and Dancers will reprise show-stoppers from hits such as **The Phantom of the Opera**, *Jesus Christ Superstar*, **Cats**, *Evita* and more, along with a few new **surprises** that **pay tribute** to the **music of Broadway's master**. Relive the beautiful melodies and spectacular moments from some of Andrew Lloyd Webber's most extraordinary shows, as **Music of the Night: The Songs of Andrew Lloyd Webber** returns to salute this theatrical treasure!

Tuesday, August 26th

3 pm show, Van will depart at 10:30 am

Cost: \$33.50 Show ONLY

We will stop for Lunch at Good' N Plenty Restaurant, the cost is an additional expense at your discretion.

SIGN UP NOW



With Claudie

Recertification Workshops

We will be having another **Recertification Workshop**. Anyone is welcome to attend.

It would be a good refresher!

Date: **Thursday, July 17, 2014 at 11:30 am** in the **Patio (Refresher)**

In addition, there will be an advanced level workshop focused on Medical Deductions. This workshop will be more in depth about what counts as medical expenses and give you tips and suggestions on how to properly document your medical expenses so that you receive the largest deduction on your rent.

The workshops are being conducted in small groups, so there is a limit of 15 people!

Date: **Thursday, July 24, 2014 at 11:30 am** in the **Patio (Advanced)**



SIGN UP NOW

with **Jennifer** in the office

SOCIAL

Sunday, July 20

4 p.m. Doors open

5 p.m. Refreshments

6 p.m. Entertainment



Entertainment by:

Majestics



Note from the Manager...

We have had a **GREAT** summer so far! The annual pig roast was our **best picnic yet**. The band was great, food was delicious and the company was delightful, as always. Everyone has been patient and cooperative as we finish the lobby renovations. We have been overloaded with gratitude regarding the new designs, **THANK YOU!** Enjoy, and our goal is to continue to make Lutheran Manor the best place to live in the Valley.

Courtney

Property Manager





FROM THE CHAPLAIN...

Jesus said to them, 'Come with me by yourselves to a quiet place and get some rest.' Mark 6:31 (NIV)

It doesn't matter if we're 8 or 80 there are times when we desperately want to be alone. We need to go alone so we can think, remember, daydream, plan and pray. We need to "get it all together," so to speak. Like a weary player after a hard game, we need to rest our battered nerves.

That's the way God made us. Even Jesus and his followers had to get away from the crowds at times.

So don't feel ashamed if you have to tell friends and family that you want and need to be alone. And don't feel hurt if your dear child or grandchild wants to be left alone. This is not rejection. It is natural, normal, and right. In a complex world, such moments alone may be a way to survive. *Wishing you a Summer of Re-Creation!! - Chaplain Clark*

WORSHIP SCHEDULE FOR JULY

2pm in the Lounge

- Tuesday, July 1st - **Rev. James Harper**, Notre Dame RC Church, Bethlehem.
- Thursday, July 10th **Rev. Sharon Solt Harfman**, Church of the Manger, UCC, Bethlehem
- Thursday, July 17th **Rev. Joy Wyler**, Unity of the Lehigh Valley, Emmaus.
- Thursday, July 24th **Rev. Dwight Mikesell**, Calvary Wesleyan Church, Bethlehem.
- Thursday, July 31st **Rev. Lisa Borrell**, Christ Lutheran, Lower Saucon



CHAT ROOM every Thursday at 10 a.m. in the Patio. Meet your neighbors, share your interests and views. Enjoy!

BIBLE STUDY every Wednesday in the Patio at 1 p.m. We're studying *The Gospel According to St. Luke*. (Also: Bible Study at Hackman's Bible Book Store every Thursday morning. Transportation provided!)



Bermuda Avenue Triangle **HILARIOUS COMEDY**

**T
H
E
A
T
E
R**

You're never too old to fall head over heels in love or lust as this outrageous comedy proves. Jewish Fanny and Italian Tess are two chronically unhappy widows whose well-meaning daughters move them to a retirement village in Las Vegas. The widows meet Johnny, a drunken gambler who's short on cash but long on charm. The ladies allow him to sleep it off on their living room floor & he manages to sweet talk his way into both their beds. When they realize they're sharing him, sparks fly!

Wednesday, August 6

Cost \$39.00 includes, Coffee & Apple Streusel Cake
&
Family Style Meal & Snack

Ehrhardt's Waterfront Banquet Center on Lake Wallenpaupack, Hawley, PA



SIGN UP NOW

With Claudie

Trips to Notice...

September 18– Ehrhardt's Waterfront Banquet Center, Hawley, PA

Legally Gray a hilarious comedy, Matt & Marie, who just turned 62, have decided to apply for early Social Security so they can travel, take it easy and really enjoy life. Their lives change overnight when their 30 year old daughter abandons her acting "career" and returns home. Followed by Marie's 93 year old mother blowing her life's savings on the slot machines and moving in with them. When Grandma gets a "revealing" part in an R-rated movie and the daughter doesn't, the play moves towards a hilarious-but –poignant resolution. Will Matt & Marie ever get to enjoy their retirement!?

Cost: \$39.00 includes, coffee & apple streusel cake, Family Style Meal and snack.



September 22—Circle Line Sightseeing Cruises- NY, NY – 12:30 p.m Full Island Cruise, cruise around the Island of Manhattan while taking in more than 101 sights including a close-up view of the Statue of Liberty & the world famous Brooklyn Bridge. The Full Island Cruise is approximately 2.5 hours. **Cost: \$29.00 and a standard Deli Lunch \$12.00**– All Sandwiches come with chips, cookies, soda or water **Total Cost: \$41.00.** Add a Circle Line Souvenir Soda Cup with Free Refills for \$4.00 per person.



JULY PICNIC



BUFFET MENU

Baked Chicken
 Hamburger BBQ
 Potato Salad
 Baked Beans
 Vegetable Salad
 Chips
 Fruit
 Dessert
 Coffee & Iced Tea
 Soda \$1.00

SUNDAY, JULY 13TH

1 p.m. in the Lounge

Doors open at noon

COST:

\$10 per person

\$12 per guest (limit 2)

Entertainment:
Just One "Sterling"

Coordinator: **Ronnie Clifford**



JULY PICNIC

Sunday , July 13 # of Guests _____



Put slip under **Marge Bachemin's** door #705 with cash in envelope.

Name: _____ APT # _____

Phone: _____

Deadline for Reservations, Wednesday, July 9th



Van Trips



August 2014

DATE	DAY	TRIP	TIME
August 3	(Sunday)	Iron Pigs Game Cost: \$10.00	4:30 p.m._____
August 4	(Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
August 6	(Wednesday)	Ehrhardt's Waterfront Banquet-Bermuda Avenue Triangle Cost: \$39.00	8:15 a.m._____
August 7	(Thursday)	Hackman's Bible Bookstore (Bible Study)/ Walmart	9:00 a.m._____
August 8	(Friday)	Lunch/Movie at Carmike	10:45 a.m._____
August 11	(Monday)	Giant Food Store	9:30 a.m._____
August 13	(Wednesday)	Muhlenberg Festival (Crazy Heart)	6:30 p.m._____
August 14	(Thursday)	Hackman's Bible Bookstore (Bible Study)	9:00 a.m._____
August 15	(Friday)	Breakfast/Valley Farm Market	9:30 a.m._____
August 18	(Monday)	Weis Markets	9:30 a.m._____
August 19	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
August 20	(Wednesday)	Heisler's Dairy Bar/\$4.00 mini golf	10:30 a.m._____
August 20	(Wednesday)	Bingo at Lehigh Valley Active Life	5:15 p.m._____
August 21	(Thursday)	Valley Farm Market	9:30 a.m._____
August 25	(Monday)	Dinner at Bubba's Potbelly Stove Restaurant in Quakertown	4:00 p.m._____
August 26	(Tuesday)	American Music Theatre/Lancaster-Music of the Night Cost: \$33.50/ Lunch	10:30 a.m._____
August 27	(Wednesday)	West End Fair/ Senior Day \$3.00	1:00 p.m._____
August 28	(Thursday)	Breakfast/Walmart	9:30 a.m._____
August 28	(Thursday)	The Promenade Shops at Saucon Valley (Shop or Dine)	1:00 p.m._____
August 29	(Friday)	Allentown Farmers Market/Lunch @ Ritz Barbecue	9:30 a.m._____
August 31	(Monday)	Rose Garden in Bethlehem	6:15 p.m._____

Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.
Thank you!

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

JULY 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:00 Massage by Appointments 10:00 Zumba 2:00 Rev James Harper Notre Dame RC Church, Bethlehem	2. 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing	3 10:00 Chat Room 6:00 Blood Pressure Check 	4 OFFICE CLOSED 	5 9:00 Coffee & Donuts 12:30 Pinochle Party 
6	7 10:00 Exercise 11:30 Movie-Big Miracle	8 10:00 Zumba 1:00 Speaker-Patient First 	9 10:00 Exercise 1:00 Computer Class 1:00 Bible Study 3:00 Piano Playing	10 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem	11 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi	12
13 1:00 July Picnic 	14 10:00 Exercise 	15 10:00 Zumba 1:30 Paint to the Sounds of Music	16 10:00 Exercise 1:00 Bible Study 2:00 Speaker-Veterans 3:00 Piano Playing	17 10:00 Chat Room 11:30 Recertification 2:00 Rev Joy Wyler, Unity of the Lehigh Valley, Emmaus	18 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi	19 9:00 Manicures by appointments 
20 5:00 Social 	21 10:00 Exercise 11:30 Movie-Big Miracle	22 10:00 Zumba 2:00 Speaker-Trivia 	23 10:00 Exercise 1:00 Computer Class 1:00 Bible Study 3:00 Piano Playing	24 10:00 Chat Room 11:30 Recertification 2:00 Rev Dwight Mikesell, Calvary Wesleyan, Church	25 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi	26
27	28 10:00 Exercise 11:00 Therapy Dog 1:00 Crime Prevention	29 10:00 Zumba 	30 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing	31 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon		